

# COMMUNITY OUTREACH FOOD DRIVE

## Help Us Help Those In Need!



***It's easy to get involved!!  
Make a donation or  
volunteer in-person ... or  
do both!***

Join CAI San Diego's Community Outreach Committee as we help those in need. Volunteer in-person on June 29th by visiting the Feeding San Diego website directly. We can only have

25 volunteers so register by June 15th to guarantee your spot!

### VOLUNTEER IN-PERSON

25 Volunteers Needed!

Saturday, June 29, 2024

9:30 a.m. - 11:30 a.m.

Feeding San Diego  
9477 Waples Street, Ste. 100  
San Diego, CA 92121

*Breakfast, coffee and juice will be provided to volunteers on the morning of the event.*

### Thank You to Our Sponsors!

COMMUNITY CHAMPION



COMMUNITY SUPPORTERS

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[Life Specialty Coatings](#)

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### Register to Volunteer!

- Visit [bit.ly/CAIFoodDrive2024](https://bit.ly/CAIFoodDrive2024)
- Click the Orange "Next" button at the bottom of the page.
- Fill out all requested information, and scroll down to the bottom of the page to click the orange "Sign up" button.
- Please note: if you are signing up a minor, the email provided for the parent/guardian will receive an email to authorize approval and prompt completion of registration for your child.
- Fill out all requested information, and scroll down to the bottom of the page to click the orange "Sign up" button.
- A waiver will be generated for the parent or guardian to complete and accept.
- You will automatically be registered with the group and added to the volunteer opportunity.

### Before You Arrive, Don't Forget!

- All volunteers must wear closed-toe shoes.
- Volunteers must be thirteen or older to volunteer. All volunteers ages 13-16 must be accompanied by an adult at a ratio of 3 minors to 1 adult.
- Keep on an eye on the weather forecast, and dress appropriately. Distributions will operate rain or shine.

### When You Arrive

- Please arrive 5 minutes early, the shift begins promptly at 9:30 a.m.
- Document your shift! Feeding San Diego loves it when volunteers tag them on social media @feedingsandiego. If you're using Instagram, they have custom gifs available in Stories if you search Feeding San Diego!

### Can't Volunteer? Make a Monetary Donation Instead!

- Visit <https://give.feedingsandiego.org/CAISanDiego>

*All participants must adhere to the COVID protocols required by Feeding San Diego which may include wearing a mask. Gloves and hand sanitizer will be provided.*