



SAN DIEGO CHAPTER
community
ASSOCIATIONS INSTITUTE

CALLING ALL

SUPERHEROES

April is Autism Awareness month and we're asking you to show your support and do something "SUPER" by participating in the 2023 Race for Autism SUPERHERO Challenge!

Please join CAI San Diego this April for the 4th Annual Race for Autism SUPERhero Challenge and be a hero for those with autism!

The Race for Autism SUPERHERO 5K or 1 mile Family Walk event. You can choose from a 5K Superhero Run, 5K Walk or one mile Family Walk! All courses run through the scenic heart of beautiful Balboa Park. We also have a virtual "Race from Home" option for those that wish to blaze their own trail!

Our goal is to help raise autism awareness and funding to improve the outcomes and opportunities for individuals with autism within our community.

For groups 5 or more, contact Becky Larson (760) 907-9743 • becky.l@lifecoatings.com

HOW TO REGISTER

- Visit www.raceforautism.org
- Create a new account or login to your existing account
- Select Join Team - Type in CAI SD CARES, click "Join Team"
- Complete information (fundraising goal is your own personal goal)
- Enter coupon code: **SUPER10** & complete payment information

One last thing! Don't forget to dress up as your favorite superhero and use the hashtag #cai-sdcares on your social media posts. We can't wait to see your posts!

Thank you for your continued support!

